



## St Fiacc's SC Level 1 Fun Gala Sun 29th Jan 2023

Meet License Number Pending

### MEET INFORMATION

- VENUE:** K Leisure, Athy, Co. Kildare  
6 Lane 25m Competition Pool /No cool down facilities available
- DATE:** Sunday Jan 29<sup>th</sup>, 2023
- SESSIONS:** Session 1 - Warm Up 12.30pm, Start 2pm  
Session 2 - Start 5pm  
No warm up before session 2.  
There will be a short break at 4.30pm when tea/coffee/snacks will be available
- EVENTS:** **U9 25m Backstroke, Breaststroke, Butterfly, Freestyle**  
50m & 100m Backstroke, Breaststroke, Butterfly, Freestyle & IM  
200m Freestyle & 200m IM
- CLOSING DATE:** Latest date for receipt of entries is Jan 16th, 2023
- ENTRIES:** **Maximum 4 entries per swimmer. All entries must include a Swim Ireland registration number. Minimum age for this meet is 7 as of 31/12/2023, no upper age limit. Slower than times will apply. Heats will be seeded based on entry times, NT's are accepted but a coaches time can be used for entries to allow more accurate seeding.**
- Medals will not be awarded; instead there will be a number of spot prizes randomly awarded to participants.**
- ENTRY FEES:** €7.00 for each individual event entered  
€15.00 for 4 X 25m events
- Payment By EFT: St Fiacc's Swimming Club**  
**IBAN IE63 BOFI 90653161032284**  
**BIC BOFIE2D**  
**(Please reference with your club name)**  
**Cheques payable to St Fiacc's Swimming Club**
- ENTRY ADDRESS:** All entries should be sent to [sfgalasec@gmail.com](mailto:sfgalasec@gmail.com) by January 16<sup>th</sup>.

Data Protection: St Fiacc's SC uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on computer. Personal data such as name, age, club, entered/achieved times may be made public prior to, during or after the meet (e.g. programs, results, Meet Mobile, etc).



**Sunday January 29<sup>th</sup>, 2023**

## **Session Schedule**

**Session 1: Warm up 12.30pm                      Start 2pm**

**Clubs will be advised of warmup schedule in advance**

1. Boys 100m Freestyle
2. Girls 100m Freestyle
3. Boys/Girls U9 25m Breaststroke
4. Boys 100m Breaststroke
5. Girls 100m Breaststroke
6. Boys 50m Butterfly
7. Girls 50m Butterfly
8. Boys/Girls U9 25m Backstroke
9. Boys 100IM
10. Girls 100IM
11. Boys 50m Backstroke
12. Girls 50m Backstroke
13. Boys 200IM
14. Girls 200IM

**Session 2: Start 5pm – Estimated finish time 7pm**

15. Girls 200m Freestyle
16. Boys 200m Freestyle
17. Boys/Girls U9 25m Freestyle
18. Girls 50m Breaststroke
19. Boys 50m Breaststroke
20. Girls 100m Backstroke
21. Boys 100m Backstroke
22. Boys/Girls U9 25m Butterfly
23. Girls 50m Freestyle
24. Boys 50m Freestyle
25. Girls 100m Butterfly
26. Boys 100m Butterfly

**Swimmers can enter a maximum of 4 events where they are slower than these times.**

<b>50 Free</b>	<b>34.60</b>
<b>100 Free</b>	<b>1.16.80</b>
<b>200 Free</b>	<b>2.43.60</b>
<b>50 Back</b>	<b>40.00</b>
<b>100 Back</b>	<b>1.25.50</b>
<b>50 Breast</b>	<b>44.50</b>
<b>100 Breast</b>	<b>1.37.20</b>
<b>50 Fly</b>	<b>38.60</b>
<b>100 Fly</b>	<b>1.23.80</b>
<b>100IM</b>	<b>1.30.00</b>
<b>200IM</b>	<b>3.10.00</b>